



2013 ."

1994 . . => 2000 , 1000

1995-1996 . . => 2000 , 1000

1997-1998 . . => 1000 , 500

1999-2000 . . => 500

2001 . . => 500

=> 1000

=> 1000

IDI => 500

9 - 10

2013 .

10.00

62.5

75

						500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000			
--	--	--	--	--	--	-----	-----	------	------	-------	----------	--	------	------	-------	----------	-----------	-----------	--	--	--

1995-1996 . .

1		1995						1	02:56.1	1:26.7	1:29.4	39	1	06:18.9	1:32.8	1:34.0	1:34.6	1:37.5	34	2	82,95
2		1997	2		« »			2	02:59.6	1:29.5	1:30.1	38	2	06:22.0	1:34.9	1:37.0	1:36.1	1:33.7	33	4	90,45
3		1996			3			3	03:03.3	1:29.6	1:33.7	35	3	06:24.0	1:33.4	1:36.4	1:37.0	1:37.1	33	6	105
4		1995	2		« »			4	03:04.1	1:32.3	1:31.7	37	4	06:38.3	1:34.1	1:37.8	1:42.1	1:44.3	34	8	88,9
5		1996	2		« »			5	03:05.0	1:31.5	1:33.5	38	6	06:40.9	1:36.7	1:40.5	1:42.2	1:41.6	33	11	93
6		1996			-1			10	03:11.8	1:34.2	1:37.6	37	5	06:39.7	1:37.0	1:41.9	1:42.0	1:38.8	34	15	76,85
7		1996						7	03:07.3	1:32.8	1:34.5	37	8	06:44.2	1:42.2	1:42.8	1:41.4	1:37.7	30	15	98,5
8		1995			-			9	03:10.4	1:33.4	1:37.0	36	7	06:42.2	1:37.5	1:40.5	1:43.7	1:40.5	34	16	83,8
9		1995			-1			6	03:07.0	1:32.5	1:34.5	35	10	06:47.8	1:42.0	1:43.1	1:42.9	1:39.8	29	16	87,15
10		1996	1					8	03:09.3	1:35.9	1:33.3	33	9	06:44.7	1:43.2	1:42.0	1:40.4	1:39.1	30	17	99,6
11		1996			-1			11	03:12.0	1:33.8	1:37.9	33	11	06:48.9	1:41.0	1:42.4	1:43.3	1:42.1	31	22	80
12		1996	1					12	03:13.6	1:34.4	1:39.3	36	12	06:49.2	1:39.1	1:42.3	1:43.5	1:44.3	32	24	83,35
13		1996			-1			16	03:16.2	1:35.9	1:40.4	37	13	06:51.8	1:39.9	1:43.9	1:45.6	1:42.5	32	29	74,15
14		1996	1					18	03:18.0	1:38.0	1:40.0	32	14	06:53.4	1:42.7	1:44.3	1:43.2	1:43.2	29	32	99,65
15		1996	2					15	03:15.8	1:35.6	1:40.2	38	17	06:54.7	1:39.4	1:43.9	1:47.0	1:44.4	32	32	94,3
16		1995	2					13	03:15.3	1:36.2	1:39.3	31	19	06:58.0	1:40.7	1:45.8	1:46.9	1:44.6	28	32	78,45
17		1995	1		-			14	03:15.6	1:36.2	1:39.1	38	20	07:00.0	1:43.2	1:45.4	1:48.2	1:43.3	29	34	79,45
18		1995	2					20	03:18.4	1:37.8	1:40.6	34	16	06:54.6	1:41.3	1:44.0	1:45.2	1:44.1	30	36	67,7
19		1996	1					19	03:18.2	1:38.2	1:40.0	33	18	06:56.3	1:44.7	1:43.8	1:44.2	1:43.5	29	37	98,2
20		1996			-			17	03:16.4	1:35.1	1:41.2	35	20	07:00.0	1:43.3	1:45.5	1:47.1	1:44.1	27	37	85,35
21		1996	1		-1			25	03:20.5	1:39.7	1:40.8	32	15	06:54.1	1:41.1	1:45.6	1:45.1	1:42.4	30	40	84,55

						500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000			
22		1996						21	03:18.8	1:36.2	1:42.6	36	22	07:06.9	1:46.0	1:47.3	1:48.3	1:45.4	30	43	71,8
23		1996	2					22	03:19.2	1:36.9	1:42.3	35	23	07:07.6	1:42.6	1:47.1	1:50.1	1:47.9	32	45	118,3
24		1996	1					23	03:19.7	1:37.6	1:42.1	36	27	07:14.2	1:49.5	1:50.6	1:50.3	1:43.8	31	50	83,6
25		1996	1					27	03:22.5	1:40.0	1:42.4	35	25	07:09.2	1:45.5	1:46.5	1:46.6	1:50.7	30	52	68,6
26		1995	1					29	03:23.7	1:40.5	1:43.1	30	24	07:08.5	1:44.9	1:47.9	1:50.1	1:45.7	28	53	73,65
27		1995	1					28	03:23.2	1:41.7	1:41.5	31	29	07:15.5	1:45.2	1:50.9	1:53.5	1:45.8	28	57	71,7
28		1996				3		26	03:21.0				32	07:18.6	1:44.3	1:45.9	1:50.7	1:57.7	28	58	85,2
29		1995	1					24	03:20.1	1:39.0	1:41.0	26	34	07:23.0	1:41.8	1:51.3	1:58.1	1:51.8	24	58	87,3
30		1995	2					32	03:26.3	1:42.8	1:43.6	33	28	07:14.3	1:43.6	1:48.6	1:51.5	1:50.6	32	60	71,3
31		1996	2					30	03:26.2	1:42.6	1:43.7	29	30	07:16.0	1:45.4	1:48.5	1:50.7	1:51.5	27	60	78,2
32		1996	2					35	03:29.1	1:41.5	1:47.6	39	26	07:13.9	1:48.9	1:50.6	1:49.3	1:45.0	32	61	70,65
33		1995	3					30	03:26.2	1:38.1	1:48.2	32	31	07:18.4	1:38.3	1:46.9	1:55.8	1:57.4	28	61	78,05
34		1996	2					33	03:26.7	1:41.4	1:45.4	35	33	07:20.2	1:43.4	1:51.0	1:55.8	1:50.0	33	66	86,8
35		1996						34	03:28.0	1:43.4	1:44.6	31	37	07:25.0	1:44.9	1:47.9	1:55.6	1:56.6	26	71	92,
36		1996	2					38	03:31.0	1:43.0	1:48.0	31	36	07:23.2	1:46.1	1:49.4	1:55.4	1:52.2	28	74	93,65
37		1996	2					41	03:32.4	1:44.7	1:47.6	32	35	07:23.1	1:49.1	1:51.0	1:53.1	1:49.9	30	76	68,35
38		1995	1					40	03:32.3	1:45.9	1:46.4	29	37	07:25.0	1:46.7	1:50.8	1:55.1	1:53.2	27	77	62,65
39		1996	2					36	03:30.3	1:46.6	1:43.7	34	42	07:35.0	1:52.0	1:53.5	1:57.9	1:51.6	33	78	72
40		1995	1					39	03:31.4	1:44.2	1:47.1	30	40	07:29.6	1:43.1	1:50.9	1:57.1	1:58.6	28	79	71,1
41		1996	2					37	03:30.5	1:41.0	1:49.5	42	48	07:43.0	1:40.5	1:53.6	2:04.6	2:04.3	37	85	91,6
42		1995	2					44	03:33.7	1:44.5	1:49.2	30	43	07:36.4	1:46.1	1:52.5	1:59.5	1:58.2	29	87	81
43		1995	1					43	03:33.5	1:44.7	1:48.8	30	44	07:39.4	1:50.4	1:52.0	1:57.0	2:00.1	28	87	77,8
44		1996	2					46	03:38.3	1:46.0	1:52.4	36	45	07:39.9	1:51.0	1:56.7	1:57.3	1:55.0	33	91	63,8
45		1996	1					45	03:34.3	1:40.0	1:54.3	30	46	07:41.0	1:49.4	1:54.9	1:58.8	1:57.9	27	91	71,25
46		1995	3					42	03:33.0	1:44.0	1:49.0	29	50	07:46.8	1:55.6	1:57.3	1:58.2	1:55.7	24	92	65,1
47		1996	2					48	03:41.2	1:47.5	1:53.6	37	46	07:41.0	1:52.8	1:54.9	1:55.7	1:57.6	35	94	59,6
48		1995	1					47	03:39.2	1:44.2	1:55.0	32	51	07:47.9	1:47.3	1:55.8	2:01.6	2:03.2	30	98	71,4
49		1996	2					49	03:42.8	1:49.1	1:53.7	39	52	07:58.5	1:51.3	1:55.4	2:04.4	2:07.4	34	101	62,8
50		1995	2					50	03:51.8	1:53.6	1:58.2	30	53	08:11.6	2:02.7	2:03.4	2:03.9	2:01.6	30	103	56,5
		1996	2										39	07:29.2	1:47.5	1:53.0	1:55.4	1:53.3	32		69,55
		1996	2										41	07:34.8	1:45.7	1:54.0	1:58.5	1:56.5	27		80,4
		1995	2										49	07:45.9	1:39.8	1:57.7	2:03.8	2:04.6	36		64,6

1995-1996 . .

1		1995						1	03:31.2	1:44.4	1:46.8	32	1	07:29.9	1:49.2	1:53.3	1:55.4	1:52.0	27	2	83
2		1995	1			-1		2	03:41.0	1:49.3	1:51.6	32	2	07:47.0	1:51.2	1:55.4	1:59.2	2:01.2	29	4	91,9
3		1995						3	03:42.8	1:48.0	1:54.7	32	3	07:54.4	1:48.8	2:01.5	2:02.8	2:01.3	31	6	105
4		1996						4	03:43.2	1:48.6	1:54.7	33	4	08:01.4	1:52.8	2:04.2	2:05.7	1:58.7	29	8	80
5		1995	1			-1		5	03:46.1	1:48.4	1:57.7	33	5	08:05.9	1:55.9	2:03.3	2:05.3	2:01.4	28	10	75,75
6		1995	2					8	03:54.1	1:55.9	1:58.3	33	6	08:08.1	1:51.6	2:03.6	2:05.5	2:07.4	35	14	70,25
7		1996	2					6	03:50.8	1:52.7	1:58.1	35	9	08:16.9	1:57.1	2:01.5	2:08.1	2:10.3	28	15	69,5



						500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000			
21		1998	1		\ " "	23	01:36.3	20	03:25.0	1:37.9	1:47.2	39								43	67,4
22		1998	3			29	01:38.5	21	03:25.1	1:36.5	1:48.6	38								50	74
23		1998	1		\ " "	20	01:36.1	30	03:30.8	1:41.2	1:49.6	36								50	67,9
24		1997	2		\ " "	26	01:37.6	26	03:28.6	1:43.4	1:45.3	36								52	85
25		1997	1			21	01:36.2	32	03:31.2	1:40.8	1:50.4	36								53	76,6
26		1998	1			31	01:38.8	28	03:29.3	1:42.5	1:46.8	35								59	66
27		1997	2			27	01:38.3	34	03:33.2											61	72,45
28		1998	3			30	01:38.7	35	03:34.4	1:41.6	1:52.8	39								65	80,25
29		1998	2			37	01:40.1	29	03:29.9	1:44.3	1:45.6	37								66	70
30		1997	1			37	01:40.1	31	03:31.0	1:43.7	1:47.2	34								68	63,65
31		1998	2			36	01:40.0	33	03:32.8	1:40.5	1:52.2	33								69	69,6
32		1998	2			25	01:36.9	44	03:39.4	1:41.5	1:57.8	33								69	84,7
33		1997	2			24	01:36.7	47	03:39.7	1:42.7	1:57.0	29								71	
34		1997	2			37	01:40.1	37	03:35.2	1:42.6	1:52.7	35								74	68,9
35		1998	1			35	01:39.8	39	03:36.9	1:41.4	1:55.4	36								74	67,3
36		1997	3			42	01:40.6	36	03:34.6	1:45.1	1:49.5	35								78	81,7
37		1997	1			40	01:40.2	39	03:36.9	1:44.5	1:52.4	41								79	63
38		1997	2			27	01:38.3	52	03:42.3	1:44.6	1:57.7	28								79	
39		1997	2			44	01:40.8	38	03:36.7	1:43.8	1:53.0	34								82	
40		1998	2			34	01:39.7	48	03:40.6	1:43.6	1:57.0	34								82	71,35
41		1998	2			32	01:38.9	50	03:41.0											82	62
42		1997	3			43	01:40.7	43	03:38.1	1:43.5	1:54.6	38								86	65,7
43		1998	3			41	01:40.4	49	03:40.7	1:45.7	1:55.0	28								90	
44		1997	2			33	01:39.2	57	03:45.2	1:43.9	2:01.2	33								90	66,75
45		1998	2		\ " "	47	01:43.3	45	03:39.6	1:47.8	1:51.8	35								92	69,8
46		1997	2			48	01:43.5	45	03:39.6	1:43.6	1:56.0	34								93	61,55
47		1998	3			46	01:42.8	55	03:43.7	1:46.1	1:57.6	42								101	86,7
48		1998	3			49	01:44.0	58	03:45.7	1:50.3	1:54.9	26								107	
49		1998	2			49	01:44.0	59	03:45.9	1:44.0	2:01.9	37								108	89,65
50		1998	2			54	01:46.0	56	03:44.7	1:48.5	1:56.2	40								110	86
51		1998	2			53	01:44.8	59	03:45.9	1:46.5	1:59.3	36								112	62,2
52		1998				51	01:44.5	62	03:47.1	1:48.2	1:59.0	39								113	76,4
53		1998	3			45	01:41.5	69	03:55.0	1:49.6	2:05.4	33								114	63,7
54		1998	3		\ " "	55	01:47.3	64	03:51.9	1:53.6	1:58.3	32								119	57,45
55		1998	3		\ " "	59	01:50.8	66	03:54.2	1:54.2	2:00.0	38								125	63,3
56		1996	2			56	01:49.0	70	03:55.7	1:53.3	2:02.4	38								126	63,2
57		1998	3			52	01:44.7	74	03:59.1	1:49.6	2:09.5	39								126	64,4

					500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000			
58		1998	2		58	01:50.0	72	03:57.4	1:54.1	2:03.3	32								130	53,35
59		1997	2		60	01:51.4	71	03:57.1	1:53.8	2:03.3	30								131	59,6
60		1997	2		57	01:49.9	77	04:02.4	1:54.0	2:08.4	35								134	64,8
61		1998	2		63	01:53.0	73	03:58.6	1:53.2	2:05.4	34								136	63,1
62		1998	3		62	01:52.2	75	04:00.0	1:58.3	2:01.6	38								137	46
63		1998	2		61	01:51.9	80	04:09.6	2:00.0	2:09.7	36								141	89,8
64		1998	2		64	01:53.5	78	04:06.4	1:55.1	2:11.3	32								142	55
65		1997	2		65	01:58.4	79	04:08.5	1:56.3	2:12.2	32								144	54,9
66		1998	3		67	02:05.2	82	04:19.7	2:06.3	2:13.5	42								149	44
67		1998	3		66	02:02.6	83	04:23.0	2:06.3	2:16.8	31								149	43,9
		1997	1				9	03:18.1	1:37.5	1:40.6	40									73,8
		1997	1				10	03:20.2	1:37.6	1:42.6	34									72,55
		1997	2				25	03:28.4	1:36.7	1:51.7	32									84,5
		1997	3				27	03:29.2	1:33.9	1:55.3	34									72,4
		1997	3				39	03:36.9	1:44.0	1:52.9	37									74,55
		1998	2				42	03:37.8	1:47.1	1:50.6	34									65,5
		1998	2				51	03:41.8	1:40.9	2:00.9	33									61,5
		1997	3				53	03:42.5	1:44.3	1:58.2	32									67,9
		1997	2				54	03:43.0	1:42.3	2:00.7	34									61,6
		1997	2				61	03:46.8	1:46.5	2:00.3	35									77,5
		1998	3				63	03:50.1	1:54.1	1:56.0	35									59,75
		1998	3				65	03:54.0	1:52.9	2:01.1	32									62,2
		1997	3				67	03:54.4	1:48.9	2:05.6	32									59,2
		1998	2				68	03:54.7	1:52.0	2:02.7	33									64,15
		1998	2				76	04:00.6	1:52.3	2:08.3	36									
		1998	3				81	04:14.1	1:58.7	2:15.4	40									54,5

**1997-1998 . .**

1		1997	3		2	01:45.7	1	03:44.6	1:49.0	1:55.6	35								3	69,4
2		1998	3		1	01:44.3	2	03:47.1	1:48.8	1:58.3	34								3	
3		1998	3		3	01:48.3	3	03:48.3	1:49.9	1:58.3	33								6	
4		1998	2		4	01:50.0	4	03:49.8	1:51.3	1:58.5	31								8	68,5
5		1998	3		5	01:52.7	6	03:59.4	1:55.6	2:03.9	35								11	100,8
6		1999	1		7	01:54.5	5	03:56.9	1:57.6	1:59.3	28								12	60
7		1998	3		8	01:55.1	7	04:06.6	1:58.1	2:08.5	31								15	65
8		1997	2		9	01:55.4	9	04:10.1	1:58.7	2:11.5	32								18	
9		1997	3		6	01:54.1	12	04:16.5	2:01.3	2:15.3	36								18	77,9

						500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000			
10		1998	3			11	01:58.4	8	04:07.5	1:55.6	2:11.9	39								19	63.85
11		1998	3			10	01:56.0	11	04:15.1	1:57.3	2:17.8	35								21	66
12		1997	1			12	01:59.9	10	04:13.9	1:59.5	2:14.4	36								22	
13		1998	2			13	02:02.4	14	04:26.1	2:06.4	2:19.7	34								27	57.7
14		1998	2			15	02:09.9	13	04:25.3	2:10.1	2:15.2	33								28	76.2
15		1997	1			14	02:05.7	15	04:31.9	2:05.5	2:26.4	33								29	
		1997	3			16	02:11.3														

### 1994

1		1983						1	02:54.7	1:26.0	1:27.1	38	1	06:07.8	1:31.5	1:32.7	1:32.2	1:31.3	34	2	98.75
2		1994						1	02:54.7	1:26.1	1:28.6	38	2	06:08.8	1:30.8	1:33.3	1:33.0	1:31.6	32	3	93
3		1994						3	02:57.5	1:28.5	1:29.0	38	4	06:13.9	1:32.2	1:33.7	1:35.0	1:32.9	33	7	94.5
4		1987						5	02:58.4	1:27.0	1:31.5	35	3	06:13.1	1:30.8	1:34.3	1:34.2	1:33.8	32	8	117.3
5		1986						6	02:58.7	1:30.6	1:28.0	35	5	06:14.2	1:33.1	1:33.8	1:34.3	1:33.0	32	11	
6		1993						4	02:58.0	1:27.4	1:30.6	39	7	06:20.3	1:35.3	1:35.2	1:35.4	1:34.4	32	11	100.5
7		1987						7	03:00.7	1:29.0	1:31.6	39	6	06:16.7	1:33.2	1:34.1	1:34.9	1:34.5	31	13	95.9
8		1993						10	03:04.9	1:31.6	1:33.3	38	9	06:31.6	1:40.2	1:38.3	1:38.2	1:35.0	33	19	97
9		1993						8	03:02.4	1:30.0	1:32.5	37	11	06:32.6	1:36.3	1:39.0	1:42.7	1:34.6	31	19	93
10		1994						9	03:02.7	1:30.3	1:32.4	33	11	06:32.6	1:35.9	1:36.0	1:40.0	1:40.7	30	20	86
11		1994	2					12	03:07.9	1:33.5	1:34.4	36	9	06:31.6	1:37.8	1:38.0	1:37.8	1:38.0	32	21	87, 35
12		1994						11	03:05.7	1:30.9	1:34.7	34	14	06:33.1	1:35.2	1:35.7	1:38.0	1:44.2	29	25	88,2
13		1994						14	03:08.1	1:33.7	1:34.4	37	13	06:32.7	1:37.0	1:37.6	1:38.9	1:39.2	35	27	82,75
14		1994						12	03:07.9	1:33.0	1:34.9	37	15	06:34.4	1:36.9	1:38.6	1:39.7	1:39.2	32	27	95,1
15		1990	2					16	03:08.6	1:34.0	1:34.6	35	16	06:37.5	1:37.9	1:39.0	1:41.0	1:39.7	33	32	88
16		1993	2					15	03:08.4	1:34.2	1:34.1	35	19	06:41.3	1:40.3	1:40.3	1:40.7	1:40.0	32	34	80.8
17		1994						17	03:08.7	1:33.5	1:35.2	36	18	06:37.8	1:36.2	1:38.8	1:41.5	1:41.2	33	35	83,7
18		1993	2					19	03:10.1	1:35.8	1:34.3	32	17	06:37.7	1:38.0	1:37.7	1:37.9	1:44.1	29	36	79,7
19		1992						18	03:09.8	1:34.6	1:35.2	34	20	06:43.6	1:41.5	1:40.7	1:39.9	1:41.5	31	38	75.8
20		1993						20	03:11.4	1:36.2	1:35.2	34	22	06:54.3	1:42.8	1:42.4	1:43.1	1:46.1	32	42	83
21		1993						22	03:19.2	1:38.2	1:40.9	31	24	06:59.0	1:42.7	1:44.6	1:46.7	1:45.1	29	46	80,7
22		1994	1					21	03:18.1	1:37.2	1:40.9	33	25	07:03.6	1:39.9	1:43.3	1:50.4	1:50.1	30	46	92,55
23		1994	2					23	03:33.5	1:41.1	1:52.4	33	26	07:27.2	1:38.9	1:53.5	1:57.4	1:57.4	30	49	68,5
24		1962											8	06:25.7	1:37.4	1:38.3	1:37.7	1:32.3	32		113
		1993	1										21	06:54.1	1:37.7	1:40.8	1:46.7	1:48.9	27		89,6
		1992											23	06:56.9	1:41.4	1:44.4	1:45.5	1:45.6	31		85,1

### 1994





					500	500	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000			
4		1999	2			01:54.1													
5		1999	1		3	01:54.5													
6		1999	2			01:54.8													
7		1999	2			01:55.0													
8		1999	2			01:58.7													
9		1999	1		\ " "	02:00.7													
10		1999	2			02:01.1													
11		1999	2			02:03.5													
12		1999	3			02:06.2													
12		2000	3			02:06.2													
14		1999	2			02:07.8													
15		1999	3			02:13.2													
16		2000	3			02:14.9													
17		1999	3			02:19.6													
		2000	3																

**2001**

1		2001	3			02:04.2													
2		2001	2			02:05.5													
3		2001	3			02:16.9													
4		2002	3			02:19.0													
5		2002	3			02:20.3													
6		2002	2			02:23.6													
7		2001	3			02:28.0													
8		2001	1			02:32.0													
9		2001	3			02:42.6													
10		2001	3			02:43.8													

**2001**

1		2001	3			02:16.2													
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1		1938						03:42.9	1:48.8	1:54.2	33
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**1948-1957 . .**

1		1951						03:33.5	1:45.5	1:48.1	31
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**1958.-1969 . .**

					500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000		
1		1962							03:03.5	1:32.3	1:31.1	35							
2		1958							03:09.0	1:34.1	1:34.9	33							
3		1966							03:12.2	1:34.0	1:38.2	35							
4		1961							03:16.1	1:33.9	1:42.3	41							
5		1959							03:18.2	1:36.1	1:42.1	36							
6		1963							03:18.3	1:36.2	1:42.0	32							
6		1961							03:18.3	1:35.1	1:43.2	37							
8		1964							03:19.1	1:37.8	1:41.3	38							
9		1961							03:23.0	1:36.7	1:46.3	41							

**1978-1985 . .**

1		1981							02:54.6	1:27.2	1:27.4	39							
2		1985							02:59.2	1:27.4	1:31.8	37							
3		1980							03:04.1	1:31.1	1:33.0	34							
4		1984							03:04.4	1:31.9	1:32.5	39							
5		1983							03:04.8	1:29.4	1:35.5	36							
6		1981							03:09.9	1:32.6	1:37.4	36							
7		1983							03:11.9	1:32.7	1:39.2	37							

**1968-1977 . .**

1		1975						FRC	03:12.9	1:34.2	1:38.6	47							
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1		1957							03:47.3	1:50.1	1:57.2	36							
1		1963							03:42.8	1:48.8	1:54.0	35							
1		1969							03:44.1	1:55.4	1:48.7	31							
2		1971							03:53.2	1:53.8	1:59.4	28							

1		1986							03:14.9	1:33.9	1:41.0	32							
1		1961							03:24.6	1:38.7	1:45.9	40							
2		1979	3						03:51.9	1:51.3	2:00.6	31							
1		1963							03:49.2	1:49.7	1:59.6	38							
2		1982	3						04:35.9	2:10.6	2:25.3	37							
1		1978	2						04:50.6	2:15.9	2:34.7	51							
1		1977	2						05:13.8	2:30.3	2:43.6	53							
1		1980							06:08.9	2:59.6	3:09.3	50							
1		1981	3						03:56.2	1:52.6	2:03.6	36							
2		1994	3						04:01.9	1:47.8	2:14.1	32							

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1		1979	3						03:42.4	1:45.9	1:56.5	36							
2		1988	3						04:08.8	1:54.8	2:14.0	55							
3		1989	3						04:31.3	2:10.1	2:21.2	53							
4		1997	3						04:46.8	2:09.8	2:37.0	39							

**1997-1998 . .**

1		1997	1						03:16.2	1:32.6	1:43.7	36							
2		1998	1						03:24.7	1:36.0	1:48.7	33							
3		1997	3					-	03:24.9	1:35.5	1:49.4	39							
4		1997	3					-	03:40.0	1:48.8	1:51.3	33							

						500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000			
5		1997	3	.	-				<b>03:40.7</b>	1:45.8	1:54.9	37									
6		1997	3	.	-				<b>03:45.5</b>	1:47.8	1:57.8	30									
7		1997	3	.	-				<b>03:46.7</b>	1:48.4	1:58.3	31									
8		1997	3	.	-				<b>03:50.9</b>	1:52.8	1:58.1	39									
9		1997	1	..	-				<b>03:51.9</b>	1:47.7	2:04.2	35									
10		1997	3	.	-				<b>03:54.3</b>	1:50.7	2:03.6	41									
11		1997	3	.	-				<b>03:56.0</b>	1:47.9	2:08.0	40									
12		1997	3	.	-				<b>04:13.0</b>	1:56.3	2:16.7	42									
13		1997	3	.	-				<b>04:18.7</b>	2:04.0	2:14.7	37									

1		1990		..	-									<b>06:34.8</b>	1:35.0	1:39.6	1:41.4	1:38.8	28
2		1984		..	" "									<b>06:37.0</b>	1:33.8	1:40.3	1:41.0	1:41.9	32
3		1986		..	-									<b>06:37.3</b>	1:35.8	1:40.2	1:41.7	1:39.6	29
4		1992		..	-									<b>06:38.6</b>	1:34.5	1:41.5	1:42.4	1:40.2	32
5		1991		..	-									<b>06:39.4</b>	1:34.3	1:39.8	1:43.1	1:42.2	34
6		1990		..	-									<b>06:40.2</b>	1:38.1	1:41.7	1:41.1	1:39.2	35
7		1982		..	" "									<b>06:40.6</b>	1:41.4	1:41.7	1:40.6	1:36.9	31
8		1987		..	" "									<b>06:40.9</b>	1:39.6	1:40.1	1:41.6	1:39.6	34
9		1992	1	..	-									<b>06:41.4</b>	1:36.4	1:42.0	1:42.1	1:40.9	30
10		1987		..	-									<b>06:45.4</b>	1:40.4	1:41.6	1:42.3	1:41.2	31
11		1991		..	-									<b>06:46.6</b>	1:25.2	1:45.2	1:51.0	1:45.2	31
12		1992	1	..	" "									<b>06:48.1</b>	1:38.9	1:43.3	1:42.6	1:43.3	31
12		1990		..	-									<b>06:48.1</b>	1:36.4	1:43.7	1:44.5	1:43.5	31
14		1992	1	..	-									<b>06:49.8</b>	1:38.8	1:41.4	1:43.4	1:46.3	32
15		1992	2	..	-									<b>06:50.6</b>	1:30.2	1:42.1	1:50.0	1:48.4	33
16		1990		..	-									<b>06:51.2</b>	1:42.2	1:44.3	1:43.7	1:41.3	27
17		1992		..	-									<b>06:51.6</b>	1:35.2	1:38.6	1:43.0	1:54.8	30
18		1987		..	-									<b>06:53.1</b>	1:38.8	1:43.5	1:45.9	1:44.8	26
19		1992	1	..	-									<b>06:54.9</b>	1:35.4	1:45.5	1:47.5	1:46.5	35
20		1991		..	-									<b>06:59.9</b>	1:37.7	1:43.7	1:48.0	1:50.5	26
21		1991	1	..	-									<b>07:03.3</b>	1:36.4	1:43.0	1:51.9	1:51.9	32
22		1991	2	..	-									<b>07:04.9</b>	1:33.6	1:45.0	1:51.6	1:54.7	33
23		1991		..	-									<b>07:06.4</b>	1:35.3	1:48.3	1:52.5	1:50.2	33
24		1990		..	" "									<b>07:06.7</b>	1:36.4	1:48.8	1:50.1	1:51.4	30
25		1994		..	-									<b>07:07.7</b>	1:40.1	1:45.5	1:51.0	1:51.1	34

						500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000		
26		1992												<b>07:08.0</b>	1:41.1	1:45.4	1:49.2	1:52.3	34	
27		1992	1											<b>07:08.5</b>	1:37.1	1:46.3	1:52.4	1:52.6	29	
28		1990	1											<b>07:09.7</b>	1:41.3	1:46.5	1:51.2	1:50.8	28	
29		1992	1											<b>07:12.6</b>	1:38.7	1:49.0	1:51.5	1:53.4	30	
30		1984												<b>07:12.7</b>	1:47.2	1:48.8	1:48.6	1:48.1	27	
31		1991	1											<b>07:13.6</b>	1:38.5	1:48.5	1:55.1	1:51.4	31	
32		1990												<b>07:14.5</b>	1:40.0	1:47.4	1:55.1	1:52.0	32	
33		1985												<b>07:14.9</b>	1:48.0	1:49.7	1:49.0	1:48.2	29	
34		1991												<b>07:15.5</b>	1:39.1	1:49.6	1:55.1	1:51.7	33	
35		1984												<b>07:19.3</b>	1:38.7	1:49.3	1:55.2	1:56.1	32	
36		1991	2											<b>07:23.0</b>	1:41.0	1:50.2	1:56.2	1:55.7	30	
37		1991	1											<b>07:23.1</b>	1:45.4	1:48.5	1:52.7	1:56.5	31	
38		1991												<b>07:25.7</b>	1:39.3	1:57.6	1:55.6	1:53.3	25	
39		1991												<b>07:26.6</b>	1:41.3	1:52.7	1:58.6	1:54.0	28	
40		1991												<b>07:29.1</b>	1:38.7	1:54.2	1:59.3	1:56.9	33	
41		1992	2											<b>07:33.4</b>	1:44.9	1:55.5	1:57.4	1:55.6	28	
42		1985												<b>07:34.9</b>	1:42.1	1:55.4	1:58.3	1:59.0	36	
43		1991	2											<b>07:37.1</b>	1:42.6	1:55.3	2:00.6	1:58.5	29	
44		1992	1											<b>07:38.7</b>	1:37.8	1:56.1	2:00.1	2:04.8	32	
45		1992	2											<b>07:39.6</b>	1:45.2	1:55.2	2:00.9	1:58.3	33	
46		1992	2											<b>07:52.6</b>	1:49.3	1:59.4	2:04.5	1:59.5	27	

1		1993												<b>07:30.0</b>	1:49.5	1:54.8	1:55.1	1:50.7	30	
2		1990												<b>07:31.1</b>	1:47.1	1:54.6	1:55.5	1:53.9	33	
3		1993												<b>07:52.1</b>	1:52.7	1:58.8	1:59.8	2:00.9	31	
4		1983												<b>08:02.6</b>	1:56.9	2:01.7	2:02.0	2:02.0	32	
5		1994												<b>08:16.8</b>	1:57.4	2:02.9	2:07.5	2:08.9	34	
6		1993												<b>08:22.4</b>	2:00.3	2:08.0	2:06.8	2:07.3	34	
7		1987												<b>08:35.1</b>	2:01.0	2:09.5	2:12.9	2:11.7	33	
8		1993												<b>08:37.0</b>	1:54.5	2:08.5	2:21.1	2:12.9	32	
9		1992	1											<b>08:37.7</b>	2:03.7	2:12.7	2:13.2	2:08.2	35	
10		1994												<b>08:43.3</b>	2:03.2	2:11.8	2:13.4	2:14.9	38	
11		1993												<b>08:49.3</b>	1:57.7	2:14.3	2:19.4	2:17.9	33	
12		1990												<b>08:53.4</b>	2:08.2	2:17.2	2:15.7	2:12.3	29	
13		1987												<b>08:57.2</b>	2:03.0	2:17.6	2:18.7	2:17.9	33	
14		1979												<b>09:03.6</b>						
15		1980												<b>09:06.7</b>	2:08.6	2:21.5	2:19.9	2:16.7	27	
16		1994												<b>09:38.2</b>	2:08.6	2:22.7	2:33.5	2:33.5	32	

						500	500	1000	1000	0-500	500-1000		2000	2000	0-500	500-1000	1000-1500	1500-2000		
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**1995-1996 . .**

1		1995			"	"								<b>06:45.1</b>	1:33.7	1:47.1	1:45.8	1:38.5	31
2		1995			"	"								<b>06:48.6</b>	1:38.0	1:42.0	1:44.1	1:44.5	38
3		1995			"	"								<b>07:05.3</b>	1:36.2	1:50.1	1:50.7	1:48.3	36
4		1995			"	"								<b>07:06.6</b>	1:36.4	1:49.7	1:50.0	1:50.5	29
5		1995	1		"	"								<b>07:08.2</b>	1:41.6	1:46.9	1:52.0	1:47.7	27
6		1995	3		"	"								<b>07:11.2</b>	1:39.2	1:49.8	1:52.2	1:49.9	31
7		1995			"	"								<b>07:16.9</b>	1:41.8	1:50.7	1:52.7	1:51.7	33
8		1996	1		"	"								<b>07:18.4</b>	1:34.4	1:51.4	1:56.3	1:56.3	35
9		1996	2		"	"								<b>07:23.7</b>	1:41.8	1:53.2	1:53.9	1:54.7	36
10		1996	1		"	"								<b>07:23.8</b>	1:40.3	1:53.0	1:57.2	1:53.3	30
11		1996	1		"	"								<b>07:28.7</b>	1:42.9	1:52.7	1:58.8	1:54.2	34
12		1995			"	"								<b>07:54.0</b>	1:46.1	2:03.4	2:04.2	2:00.2	30
13		1996	1		"	"								<b>08:01.8</b>	1:52.5	2:02.2	2:04.8	2:02.3	35
14		1996	1		"	"								<b>08:06.8</b>	1:44.1	2:06.5	2:08.7	2:07.5	36

**1995-1996 . .**

1		1996												<b>07:59.1</b>	1:51.1	2:00.6	2:02.2	2:05.2	30
2		1995	1											<b>08:29.4</b>	1:59.7	2:09.1	2:09.9	2:10.7	33
3		1995												<b>08:50.7</b>	2:05.1	2:17.3	2:15.8	2:12.5	32